

## **UK Physical Activity Expert Committee for Surveillance**

The UK CMOs wish to establish a new working group to support the implementation of their new 2019 Physical Activity guidelines and ultimately realise their potential to increase physical activity levels across the population;

The aim of this group is to develop understand data needs for surveillance and monitoring of physical activity at local and national levels.

This group will be called *The UK Physical Activity Expert Committee for Surveillance*. It will be convened to develop strategies that support the implementation of recommended actions to improve UK physical activity and sedentary behaviour surveillance.

Currently UK physical activity and sedentary behaviour surveillance is performed independently by each home nation using different methods, measures and analysis. In anticipation of new UK Physical Activity guidelines, existing surveillance approaches may need adaption in the long run.

Specifically the committee will:

- examine UK current surveillance activities in four age areas (under 5s, children and young people, adults and older adults) and other population groups (pregnancy, post-partum and disability), building on recent reviews
- make recommendations to the four UK CMOs and UK national physical activity policy and surveillance leads regarding the optimal yet feasible ways to measure the new guidelines (i.e. indicative costs, benefits and risks of proposed changes)
- prepare a short report of its findings and conclusions about strategies for implementing recommended actions to improve national physical activity surveillance
- identify next steps for surveillance agencies and policy leads and report recommendations.

We will appoint members to the Committee with applications sought in October 2019. Additional members may be appointed to the committee as Specialist Committee members, at the request of the Core Committee.

The process to appoint members of this committee will start with applications sought at the start of October 2019. The membership will include a range of physical activity policy leads and their surveillance experts, surveillance agencies, senior physical activity practitioners, and academics (max 20 participants, plus Chair and Deputy Chair).

The Surveillance Committee will meet up to three times over a 12-month period.

Please submit your application to [UKCMOPA@bristol.ac.uk](mailto:UKCMOPA@bristol.ac.uk) by 17.00 on Friday 1<sup>st</sup> November.

The appointments process will be supported by Centre Exercise, Nutrition and Health Sciences at University of Bristol.